

# Inclusive Curriculum Helps LGBTQ Youth

**Good news!** LGBTQ students who attend schools with curriculum, including sexual health, that is inclusive of LGBTQ people, history, and events have more accepting schools and better academic outcomes.

Unfortunately, few students are taught accurate information about LGBTQ people and topics.

*From history to art to sexual health education, it's necessary for students' health and academic success that they see themselves, and each other, reflected in the curriculum.*

**Only 19.8% of LGBTQ students**

were taught positive representations about LGBTQ people, history, or events in school.



**18.4% had been taught** negative content about LGBTQ topics.



**Less than half (41%) of LGBTQ students** could find information about LGBTQ-related issues in their school library.

**About half of LGBTQ students**

**(49.2%)** with internet access at school could access LGBTQ-related information online via school computers.



**Only 6.7% of LGBTQ students** received LGBTQ-inclusive sex education at school.

But it doesn't have to be this way.

*Research shows that LGBTQ students in schools with an inclusive curriculum feel safer in school and have better mental health and academic outcomes.*

**Less likely to hear homophobic remarks** (42.9% vs. 64.6%) and **negative remarks about transgender people** (29.9% vs. 46.3%)



**Less likely to feel unsafe because of their sexual orientation** (41.8% vs. 63.3%) and **gender expression** (34.6% vs. 47.0%)

**Higher self-esteem and lower levels of depression**



**Were less likely to miss school** (23.6% vs. 37.7%)

**More likely to have higher GPAs** (3.3 vs. 3.2 GPAs)

Together, we can make our schools safe and inclusive for LGBTQ youth. Here's how you can help:

**Create an LGBTQ-inclusive curriculum**  
[glsen.org/curriculum](https://glsen.org/curriculum)

**Integrate LGBTQ history**  
[glsen.org/lgbtqhistory](https://glsen.org/lgbtqhistory)

**Train teachers on how to ensure their curriculum is LGBTQ inclusive**  
[glsen.org/training](https://glsen.org/training)



Data from the **2017 National School Climate Survey: The Experiences of Lesbian, Gay, Bisexual, Transgender, and Queer Youth in Our Nation's Schools.**

**Learn more at [glsen.org/nscs](https://glsen.org/nscs)**